



OC-Sensor  
The World's No.1 FIT



# Faecal Immunochemical Test: Step-by-step instructions.

## What is a Faecal Immunochemical Test (FIT)?

In the COLO-PREVENT trial we are using these test kits to collect poo samples so that we can look at how the drugs you are taking affect the bacteria in your gut and if this might protect against polyp development.

## How do I collect my sample?

Collecting your sample is very simple and hygienic. We only need a small amount of poo for the test, please follow the instructions on the back of this leaflet.

- Please ensure that all the grooves on the green stick are covered.
- Do not collect while menstruating (on your period).
- **DO NOT repeat the collection or overload the bottle.**

## What do I do with my collected sample?

Please return the sample in the prepaid envelope provided, as soon as possible. They will then be sent to the laboratory for testing.

## What happens next?

Thank you for submitting your sample and taking part in the COLO-PREVENT trial.

# How to collect your sample

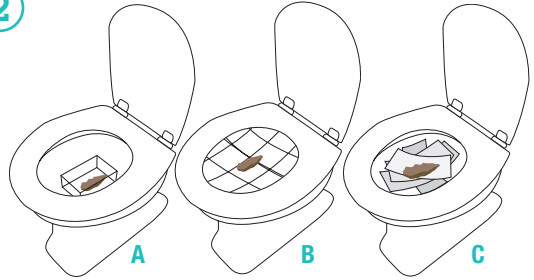
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- Check the following details are on your sample bottle. If missing, use a permanent pen to add:

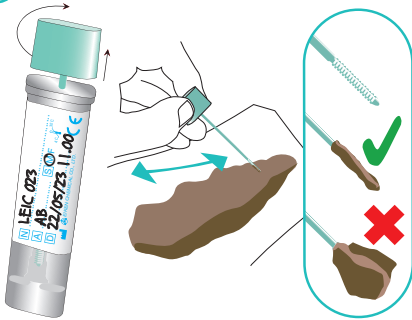
- (N) Your Screening or Patient ID
- (A) Your initials
- (D) The data and time of collection

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- First, empty your bladder (wee) and flush the toilet. You could use any of the above options to collect the sample.
  - A** Place a clean empty container in the toilet bowl **OR**
  - B** Use the toilet seat to hold clean foil/cling film over the toilet bowl **OR**
  - C** Place toilet paper in the top of the bowl (not suitable for a runny sample)
- Then have a poo.

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- Twist cap to open sample bottle. It is important not to pour away the liquid in the bottle.
- Collect sample by scraping the green stick along the poo until all the grooves are covered.  
– **Only a small amount is needed for the test. Do not add extra.**

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- Put stick back into the bottle and 'click' the green cap to close it.
- Your FIT sample is now complete, **DO NOT** repeat the collection.
- Place the completed FIT sample into the plastic bag provided.
- Please wash your hands.

Return your sample in the prepaid return envelope as soon as possible.