

# Preventing bowel cancer: the **COLO-PREVENT** study



## Why are we doing this clinical trial?

We want to see if simple medications can reduce the risk of getting bowel cancer, so we are setting up this trial to find out.



## Why are you being invited?

You are being invited to take part as you have already had bowel polyps removed and you may be at risk of getting more polyps in the future.



## What medicines are being tested?

In this trial, participants will be given commonly used medicines which may have a bowel cancer preventive effect. These include aspirin and a drug called metformin which is often used to treat diabetes.



## What is involved?

Participants will be asked to take either aspirin alone, or aspirin plus metformin. This will allow us to see whether the combination of drugs is more effective than aspirin on its own.

We would like to analyse blood, tissue and stool samples to better understand the science behind preventing bowel polyps. We are particularly interested in how this affects the microbiome (bacteria in the gut) and whether this could contribute to protective effects.



## What will you need to do?

We have designed this trial to fit in with your usual follow up in the bowel cancer screening programme and the study visits are kept to a minimum. We want patients to carry on with their everyday lives.



## How might COLO-PREVENT benefit patients in the future?

This study hopes to identify which medicines can most effectively prevent polyps from forming in your bowel, and ultimately reduce your risk of getting bowel cancer.

For further information contact your research team on:

